



*A natural and gentle approach  
to restoring health!*

## Homeopathy for children

Holistic, natural and gentle treatment for children exhibiting social, emotional and learning challenges

**Homeopathic medicines can provide a natural and gentle treatment to spare your precious children needless emotional discomfort.**

For example:

- **Hyperactivity** may be due to food allergies, too much sugar in the diet or lack of attention and discipline
- A child may be **angry** due to jealousy of a new sibling, or because they are very sensitive and have anger outbursts and tears at any perceived slight
- **Anxiety** may arise as a result of a fright or from overworking themselves in order to always have things correct, being fearful of the embarrassment of being wrong or failing

Constant disruptive behaviour, aggression, anxiety or depression, poor mental performance as well as problems with sleeping and habit disorders that can be treated with homeopathic medicines.

There is usually more than one specific cause for disruptive behaviour, ranging from inconsistent or contradictory parenting, family or marital problems, separation and bereavement, child abuse, neglect, overindulgence, injury or chronic illness as well as a number of medical conditions.

The homeopathic approach is growing in popularity as the health conscious public continue to seek chemical free, fast acting, low risk treatment for themselves and their children.

Homeopathy is capable of influencing the state of mind and act specifically to alleviate emotional disturbances.

By treating the whole person and not simply the so called condition, the homeopathic practitioner is able to formulate a remedy to rebalance the entire system and bring about a harmonious state of health.

### The scope of childrens' issues that can be treated homeopathically

- ADHD and ADD
- Jealousy
- Transitional issues
- Hyperactivity
- Developmental delay
- Anxiety and anticipation related issues
- Oppositional defiance
- Lack of confidence
- Fears
- Obsessive traits
- Sadness
- Grief
- Anger and aggression issues
- Depression

### Homeopathy can work for children with real behaviour problems

The appropriately chosen homeopathic remedy can help the child's concentration, sitting tolerance, sensitivities and irritability, can harmonise their moods, reduce anxiety and improve overall physical health.

Without any known side-effects, homeopathic remedies are quick acting and easy to administer with little or no taste so children do not mind taking them. Homeopathic remedies generally improve the overall wellbeing of the child.

When individualised treatment is given through homeopathic case taking and constitutional formulations, the improvement is long lasting.



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There is no long-term dependency on medication. In many situations, homeopathy can also be given when on conventional medication.\*

**Homeopathy can be used for all ages and can be of benefit, as it:**

- treats the whole person – the mind, emotions and physical body are all interconnected
- strengthens the immune system
- can help speed recovery from illness
- can calm emotions
- can restore balance and a harmonious state
- can replenish vitality
- addresses the core of the health issue
- produces no known toxic side effects



*Homeopathy is maximum effect with minimum dose – the eye can perceive nothing in those little pills, but they can transform yours and your child's life.* ”

Anne Vervarcke

\* Homeopathy is a traditional medicine. It may be used in conjunction with other medicines. For any ongoing chronic conditions, it is important to be assessed or examined by your healthcare professional or specialist. Always seek medical advice in emergencies.